

# CERTIFICATE OF PARTICIPATION

This is to certify that

**Carina (J.C.)  
Friedrich**

Has successfully participated & completed the

**10km - Trail Run Lifestyle Challenge Spring is in the air**

held at D'aria Wine Estate.

**TIME 01:57:53**

**PACE 11:46/km**

**OVERALL 21 of 23**

**GENDER 15 of 17**

**50 - 59 6 of 6**

10 September 2022, Sat

Date



*BoutTime*

Signature

